



Community Health  
Partnerships

Indiana Clinical and Translational  
Sciences Institute

New Member  
**WELCOME**  
*packet*

Cardiovascular & Diabetes  
Coalition of Indiana

A Connections IN Health Initiative



Cardiovascular  
& Diabetes Coalition  
of Indiana



Community Health  
Partnerships

Indiana Clinical and Translational  
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CADI

Cardiovascular  
& Diabetes Coalition  
of Indiana

## Welcome to the Cardiovascular & Diabetes Coalition of Indiana, a Connections IN Health Initiative

Dear Member,

Welcome to the Cardiovascular & Diabetes Coalition of Indiana (CADI). CADI has a long-standing history in the state of Indiana for bringing partners together to improve the lives of Hoosiers through the reduction of cardiovascular-related diseases, diabetes and stroke. We know that as a coalition, our strength and ability to make an impact across the state is dependent upon our members. This packet is intended to help you become familiar with how being a member can benefit your work and have a positive impact in your community and across the state. We appreciate your time, dedication, and interest as we work to reduce the burden of these chronic conditions in our state. I look forward to the change we will create together!



*In partnership,*

*Aliya Amin, MPH*

*Coalition Lead, Cardiovascular & Diabetes Coalition of Indiana*

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Community Health Partnerships  
Indiana Clinical and Translational Sciences Institute



CADI  
Cardiovascular & Diabetes Coalition of Indiana

# MEMBER BENEFITS

## Why Join CADI...

The Cardiovascular & Diabetes Coalition of Indiana offers its members unique opportunities to...



Network with professionals and experts across the state



Stay up to date on information related to the health and quality of life of Hoosiers



Engage in professional development opportunities



Access research-based resources to improve the health of Hoosiers



Highlight and share your work



Learn best practices in a collaborative setting

# **RECENT ACCOMPLISHMENTS**

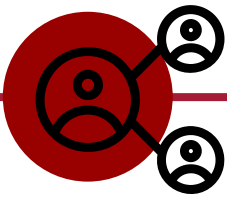
**In 2021, CADI held professional development sessions for grant writing, finding grant funders and strategic doing, as well as "Heart Health Impacts More than the Heart," a webinar commemorating American Heart Month in February.**

**In 2022, CADI offered a series of DEI trainings, including cultural awareness and understanding implicit bias, followed by a fireside chat with former US Surgeon General, Dr. Jerome Adams.**

**CADI funded community projects continued in Vermillion, Grant and Blackford counties while adding new projects in Lake, Washington and Madison counties.**

# WHAT'S NEXT?

CADI will continue to have a positive impact by...



Sharing research based best practices with coalitions across the state to promote healthy living



Increasing the coalition's focus on health DEI



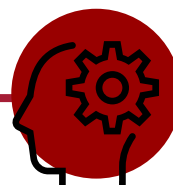
Participating in the Ask the Question campaign



Establishing a formal partnership with Indiana Black Barber Shop Initiative



Collaborating with partners to implement the Healthy Heart Ambassador Blood Pressure Self-Monitoring Program statewide



Continuing to offer relevant professional development opportunities



## OUR VISION

We envision a healthier Indiana, free of preventable cardiovascular-related diseases, diabetes and stroke.

## OUR MISSION

We are an alliance of partners and volunteers from across the state who are committed to reducing the burden of cardiovascular-related diseases, diabetes and stroke through:



**EDUCATION**



**COLLABORATION**



**AWARENESS**



**ACCESS TO CARE**



**ADVOCACY**

## OUR VALUES

We value inclusiveness, empowering others, adapting to the community needs, addressing disparities in healthcare and connecting communities.

# ABOUT THE CARDIOVASCULAR AND DIABETES COALITION OF INDIANA

Established in 2004, the Diabetes Advisory Council at the Indiana Department of Health (IDOH) created a comprehensive statewide plan to reduce the burden of disease. In September of 2011, Diabetes Advisory Council expanded its scope to include cardiovascular-related disease and stroke, and the Cardiovascular and Diabetes Coalition of Indiana (CADI) was formed.

CADI helped to develop the Better Together Plan (BTP) in 2015. This plan sought to comprehensively address all three chronic diseases and was launched in 2016. The three main goals of the BTP were:

- All Hoosiers are living risk free of risk factors for heart disease, stroke, and diabetes.
- Individuals with increased risk levels for disease do not develop heart disease, stroke, or diabetes.
- Individuals with heart disease, stroke, or diabetes experience improved quality of life.

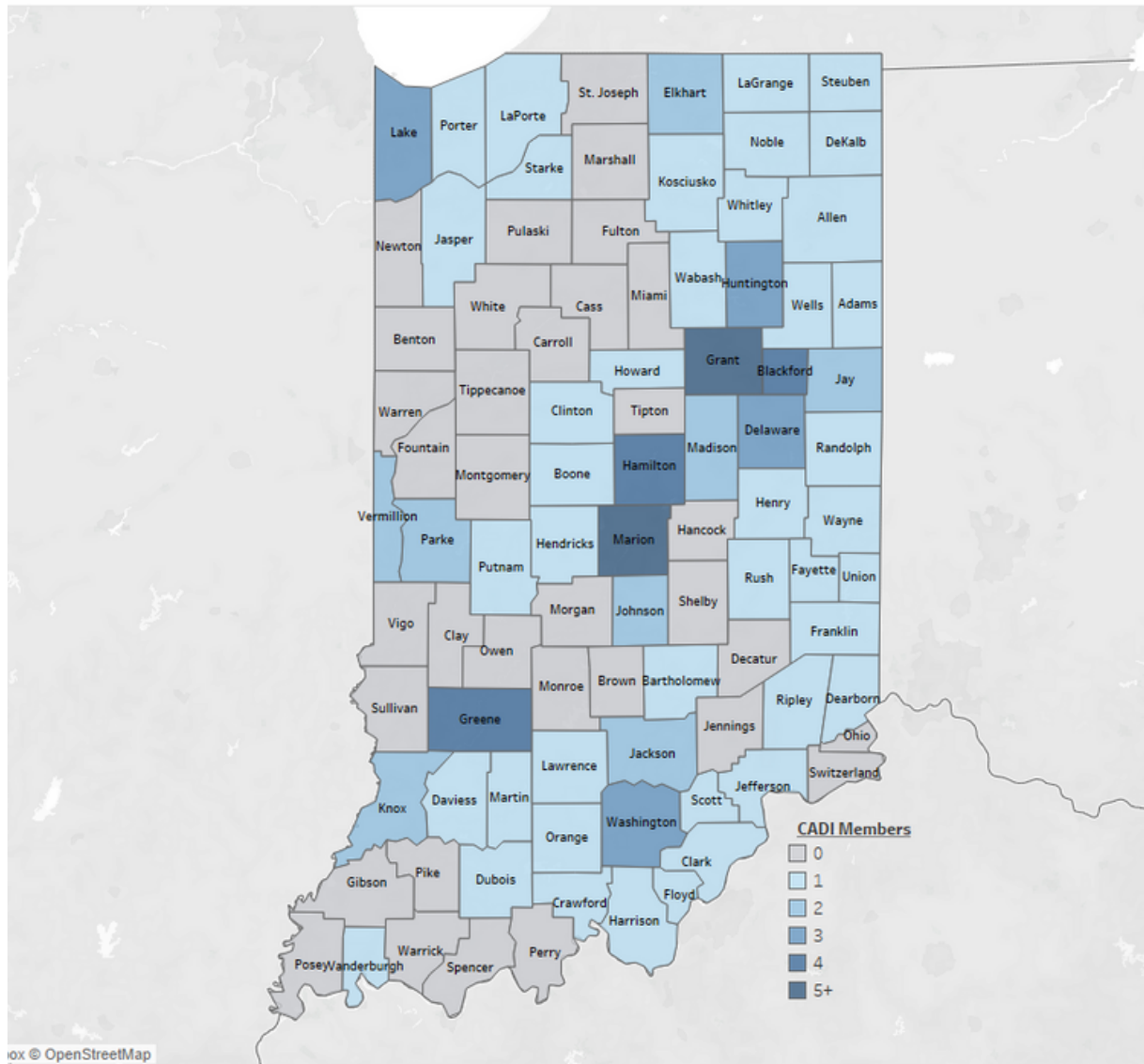
CADI has started to implement and train community partners on the Healthy Heart Ambassadors Program, a self monitoring blood pressure program.

CADI looks forward to helping decrease the burden of cardiovascular diseases, diabetes, and stroke around the state through education, collaboration, awareness, advocacy and access to care.





# MEMBERSHIP NETWORK



Are you included in our membership map and is your county represented in the CADI network? Ask us how you can get connected with members in your area!

**\*Map represents November 2022 data\***



# MEETING SCHEDULE & MEMBERSHIP

**Coalition meetings occur on the second Thursday of odd months at 2pm EST.**



*Members who have joined the CHeP Network should receive a calendar invitation with a zoom link from Connections IN Health, [CINH@iu.edu](mailto:CINH@iu.edu). Reach out to Aliya Amin at [ajamin@iu.edu](mailto:ajamin@iu.edu) with any questions.*



# WORKGROUPS

## ***Steering Committee***

The CADI Steering Committee is comprised of ten coalition members with experience in the clinical and public health fields. The group meets twice per month to evaluate and set goals, establish workgroups to meet and sustain the needs of the coalition, and discuss the overall direction and effectiveness of the coalition.

## ***Summit Planning Committee***

Responsible for planning, organizing and executing the Annual CADI Summit.



## ***The Healthy Schools Action Team***

### **MISSION:**

The Healthy Schools Action Team is a group of organizations that work in partnership with Indiana schools to create healthier environments where all can thrive.

### **VALUES:**

The Healthy Schools Action Team creates healthier school environments through

- **Collaboration:** Encouraging and assisting in building lasting partnerships among organizations and local education agencies as they strive to improve the health of their students.
- **Whole Child Awareness:** Utilizing the Whole School, Whole Community, Whole Child model as a tool to further integrate a student-centered learning environment.
- **Health Equity and Access:** Addressing barriers to accessing resources related to physical, emotional, and behavioral health wellness.
- **Advocacy:** Changing the culture and climate of the school environment through education and empowerment.

# CONNECT WITH US

**Are you following us on Facebook, Instagram,  
Twitter, and Linkedin**

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**Are you included in our membership map?**

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**Are you receiving our quarterly  
newsletter, The Connection?**

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**Do you know anyone else who might  
be interested in joining the coalition?  
Join our Network.**

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**Have you listened to our podcasts?**

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**Are you interested in learning more  
about coalition resources?**

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**Have you visited the Connections IN  
Health website to learn more about  
CADI and our other initiatives?**



# Thank You

Thank you for your interest and the work that you are currently doing to make an impact on addressing chronic disease in Indiana. We are excited to have you on our team!

If you have further questions,  
please contact  
Aliya Amin at [ajamin@iu.edu](mailto:ajamin@iu.edu)



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# Indiana Clinical and Translational Sciences Institute

## Our Vision

We envision an Indiana that is one of the nation's healthier states.

## Our Mission

We bring together Indiana's brightest minds to solve the state's most pressing health challenges.



## About the Indiana Clinical and Translational Sciences Institute

The Indiana Clinical and Translational Sciences Institute (CTSI) brings together the state's brightest minds to solve Indiana's most pressing health challenges through research. It is a statewide partnership among Indiana University, Purdue University, the University of Notre Dame, and numerous life sciences businesses, government entities, and community organizations. The Indiana CTSI engages with the public at every level of research—from basic science to patient care. It has been continuously funded by multimillion-dollar grants from the National Institutes of Health since the Indiana CTSI's founding in 2008 and is housed at the Indiana University School of Medicine. For more information, visit [indianactsi.org](http://indianactsi.org).

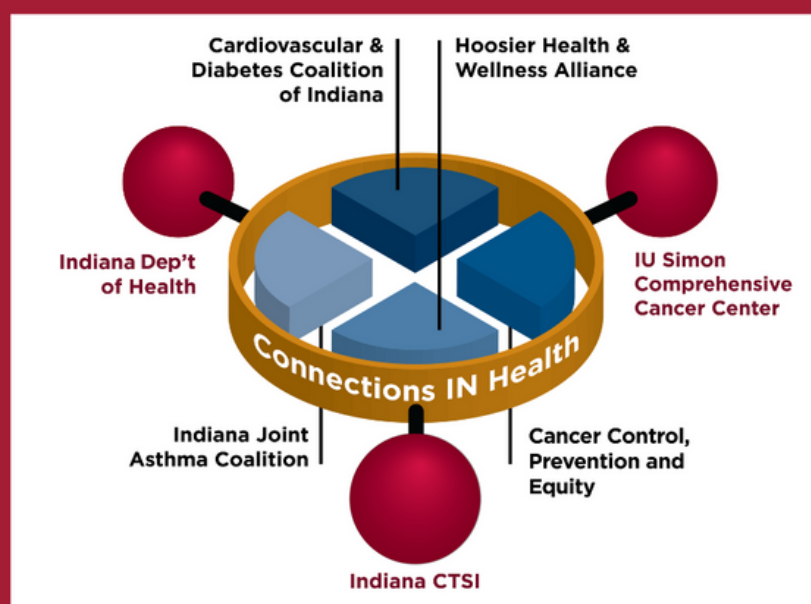
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# Connections IN Health

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In 2018, the Indiana Clinical and Translational Sciences Institute (CTSI), the Indiana Department of Health (IDOH), and the IU Simon Comprehensive Cancer Center (IUSCCC) have come together to strengthen their partnership to improve health in Indiana by forming Connections IN Health. This alliance unites the state's health coalition development work, and the IUSCCC's community and engagement initiatives with that of Indiana CTSI. In 2021, Connections IN Health began partnering with Purdue University's Indiana Healthy Opportunities for People Everywhere (I-HOPE) project to share community engagement processes and connections to address health inequities across Indiana. Additional collaborations began in 2022 with IU Health and the Diabetes Impact Project of Indianapolis (DIP-IN) with the Indianapolis Health Equity, Access, outReach and Treatment (iHEART) project working to address high rates of diabetes and cardiovascular disease in specific neighborhoods experiencing lower life expectancies than their neighbors. Connections IN Health is led by the Indiana CTSI's Community Health Partnerships program, which works to improve health in Indiana through community-university partnerships and community-based health research.

Connections IN Health includes four chronic disease initiatives that support stakeholders, organizations, advocates, and residents as they come together to improve health and address chronic diseases. Connections IN Health facilitates collaboration within communities by connecting stakeholders with evidence-based practices, identifying funding sources, and addressing health equity for all. Connections IN Health partners with statewide organizations, including Purdue Extension, which is involved in more than 172 health coalitions across the state and has educators in all 92 Indiana counties.



# Connections IN Health Initiatives

1



The Indiana Joint Asthma Coalition (InJAC) develops and promotes Indiana's statewide strategic plan, in collaboration with health departments, stakeholders, and partner agencies in rural and urban communities. Their aim is to: improve quality of care, reduce environmental triggers, provide asthma-related trainings and presentations to healthcare professionals, schools, non-profit organizations, hospitals, local health departments, and partner agencies, increase public awareness of asthma as a serious chronic disease, improve the knowledge and skills of patients regarding detection, treatment, and control of asthma, particularly among high-risk populations.

2



The Cancer Control, Prevention and Equity initiative collaborates with the IU Simon Comprehensive Cancer Center's Community Outreach and Engagement Office, as they strive to: increase awareness of cancer as a cause of suffering and death, disseminate evidence and community-based cancer control strategies that focus on eliminating cancer disparities and promoting health policy to decrease the cancer burden in Indiana.

3



The Hoosier Health and Wellness Alliance (HHWA) seeks to increase positive health outcomes within Indiana by providing the support and effective strategies needed to optimize local impact. Embracing values of collaboration, education and food equity the coalition continues to work on capacity building efforts around the built environment, innovative ways to share the expertise of members, and an increased level of community engagement.

4



The Cardiovascular and Diabetes Coalition of Indiana (CADI) is working to help Hoosiers address the burden of cardiovascular diseases, diabetes, and stroke through education, collaboration, awareness, advocacy, and access to care. CADI uses its long-standing history of engaging various partners throughout the state in service of this work. The coalition has successfully been able to develop and launch the Better Together Plan, Indiana's first statewide strategic plan to address cardiovascular disease, diabetes and stroke together.



# County Engagement

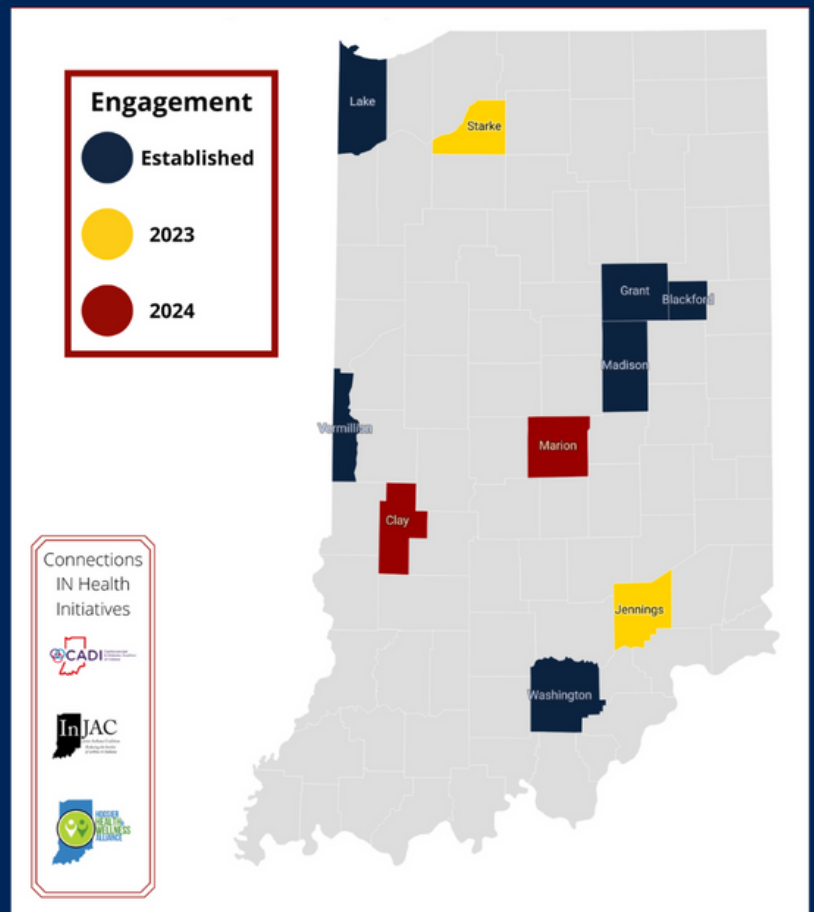
Using county health and social determinants of health data, Connections IN Health has identified 10 counties with the most opportunity for growth, existing coalitions and partnerships already working to address health challenges and willing community partners to work with in the first 5 years of the project (2020-2024).

Selected counties include:

Blackford, Clay, Grant, Jennings, Lake, Madison, Marion, Starke, Vermillion, & Washington.

Connections IN Health began engaging with Grant and Vermillion counties in 2020.

Engagement in Blackford and Washington Counties began in 2021. Lake and Madison County engagement began in 2022. The team will engage with Starke and Jennings Counties in 2023 and Marion and Clay Counties in 2024.



When county engagement begins, an interest survey is launched and community members are invited to participate in listening sessions to share their perspective on successes and challenges in the county related to chronic disease. Once these conclude, listening session and interest survey data is compiled, analyzed and shared back with the community to assist them in selecting one health challenge they would like to address. At this time, CINH is able to share resources and evidence-based interventions, conduct community readiness assessments and expand the county network with coalition experts.